MEDITATIONS FROM NOVEMBER 2019 SUNDAY BULLETINS

REFLECTION IN THE POOL

November 3, 2019 Rev. Donna Gatewood

We are reminded constantly that every thought that enters our mind that is fueled by feeling becomes like a seed planted in fertile soil. And just as the seed brings forth a harvest after its kind, whatever we sow in our minds we will surely reap.

Nowhere in the Master's teachings does He say that we are to live in poverty or unhappiness or be subject to disease. Rather He tells us that we have been given dominion. We have the capacity to change our environment, our relationships, and our physical bodies. Paul also tells us that there is no need to remain where we are. To the degree that we renew our minds and change our ways of thinking—to this same degree we change our world.

So today and every day let us be transformed as we choose to see the Spirit of God which lies back and beyond all things. God is the Life and Substance of all things. This Life and Substance is with us and in us and all around us.

Today, let us choose to lift our eyes to heaven and know that the very ground where on we stand is holy ground.

LIFE THROUGH SCRIPTURE

November 10, 2019 Rev. Wayne M. Gatewood, Jr.

They that seek the Lord shall not want any good thing. Psalms 34:10; Godliness of the life that now is, and of that which is to come. 1Timothy 4:8; The manifestation of the Spirit is given to every man to profit withal. 1 Corinthians 12:7.

And so it is that the truth of Scripture, divinely inspired, reveals to us the way, the light and the Truth. We are made in the image and likeness of our Father; we are eternal unto the heavens and the Truth of us is the I AM, ONE...in and of God. Scripture is of the Light that lives us, and when read and understood with spiritual perception it facilitates within us an ever increasing awareness of our Source and our purpose. The truth messages within scripture leads us onto the path of greater realization and peace.....it's all there for us to read, to ponder, to understand, to incorporate within the depths of our consciousness and our hearts. To live by scripture, once we are able to discern its Truth, is to walk in the Light of God.

"...if thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee."

Exodus 15:26

GO WITHIN

November 17, 2019 Rev. Janet Friedline

Jesus was asked about God's kingdom. If it is God's good pleasure to give us his kingdom, then we must know where to find it. Jesus' response was "the kingdom of God cometh not with observation; neither shall they say, Lo here! or, Lo there! for, behold, the kingdom of God is within you." Luke 17:20-21. The location "within us" has confused many people. A former minster said that no surgeon even found the kingdom of God during surgery. So, just where is this place within us that houses the kingdom of God?

It has been said that the only place of existence is consciousness. Within each of us, is a place where we live, a place where we become aware, form opinions and make judgments. And it is in this place that we find the Father's house. It is lifted consciousness, the one of spiritual awareness, which reveals our true nature and name. When we go within, we are in the sanctuary of inner being, alone with God in our soul's awareness. We have entered the kingdom, and yes, we have found our true home.

November 24, 2019
Rev. Wayne M. Gatewood, Jr.
"Thanksgiving – Living it"
There was no back page meditation since a special Thanksgiving bulletin was used.